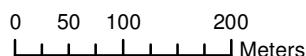


Soames Hill Park

Soames Hill is located in West Howe Sound approximately 3 km from the Langdale Ferry Terminal. The forested park is 150 acres in size and is adjacent to Shirley Macey Park - a popular recreation area with a sports field and community hall. With over 5 km of trails, Soames offers both moderate and strenuous hiking opportunities - through forests, past ravines, and up to the summit of the hill, at 250 m above sea level. If hiking to the summit, you should allow at least 40 minutes each way.

- Dogs are welcome, but please keep them on a leash at all times and use waste bags
- Trail conditions vary and can be affected by wind and other weather conditions
- Bears and other wildlife are known to frequent the park, so please be bear aware
- Trail conditions vary and can be affected by wind and other weather conditions
- Fires are not permitted



Parking Area	Blue Trail
Summit	Blue/White Trail
Viewpoint	Blue/Yellow Trail
Contours - 20m	Green Trail
Park	Grey Trail
	Red Trail
	White Trail
	Yellow Trail